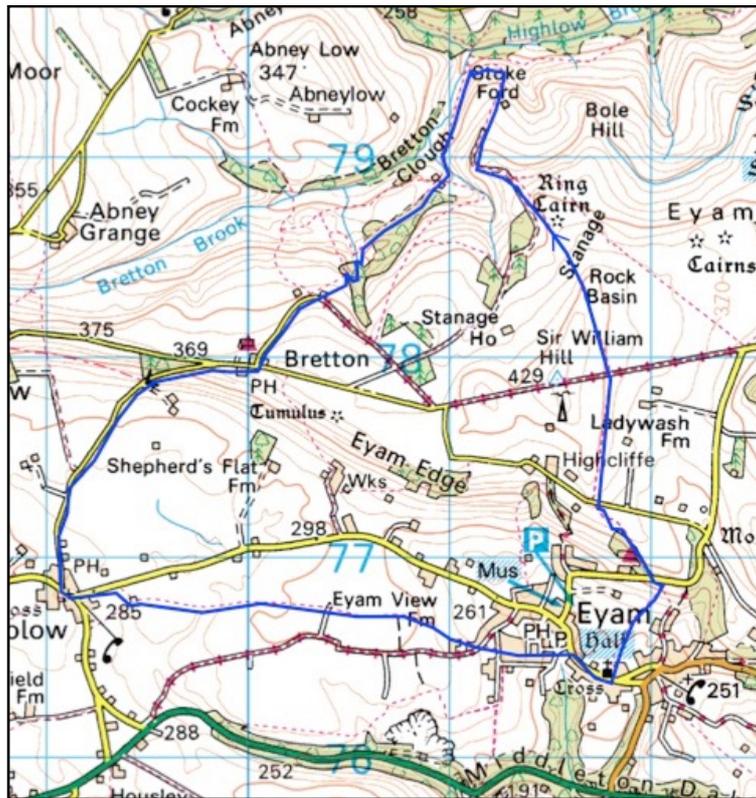


5. Foolow - Eyam Moor - Bretton - Foolow

6 miles



From the door of the Bulls Head turn left and follow the road for approx 300m. A footpath sign shows where to enter the 2nd field on the right. The footpath bears diagonally left through the first field and continues through a further 4 fields to a narrow steep sided valley, "Linnen Dale". Cross the Dale and follow the path diagonally left up the hill. The path is now obvious through the fields towards Eyam.

Eventually the path goes through a narrow alley between the houses on the edge of Eyam and a track, Tideswell Lane is reached.

Cross Tideswell Lane and follow the footpath through a small field, cross a small road and follow the path down through a housing estate into Eyam. This brings you to a road junction with the main road through Eyam opposite the entrance to Eyam Hall. Turn right and walk just past the church. At the right hand side of the churchyard a public footpath is signed. Follow this through the churchyard and some waste ground to a stile into the fields.

The first field is followed uphill beside the wall on the right to a stile. After the stile turn left and follow the wall on the left uphill to a gate onto the road. Cross the road and into the woodland.

An obvious path leads up and left to a wall, which is followed uphill. As you come out of the woodland, the way on is via a gate in the top corner of the field. Three further fields lead to a gate onto the road.

Turn left onto the road and in 10yds scale the high stile on the right into the field. The path follows the wall on the right for about half a mile to a stile crossing a track. Cross the track onto the heather moorland of Eyam Moor. The path continues obviously along the flat for about half a mile then begins to descend. Keep following this path and a stile is reached in a further half mile,

After crossing the stile, the path contours round the hillside to the right and then gradually descends crossing several stiles. After approx. half mile the path "dog legs" back left and descends more steeply into the valley. Upon reaching the valley bottom (just above the stream), turn left and follow the obvious valley path gently uphill taking care with the odd gorse bush. Keep on the path that follows to the main valley, ignoring the path off to the left near the old ruin. The path leads into woodland and zig-zags uphill and joins a small road beside a house. Turn right onto this road, which is followed for about half a mile to the Barrel Inn at Bretton.

Unless you are ready for some refreshment, ignore the Barrel and turn right at the road junction then follow the road, forking left, back to Foolow.