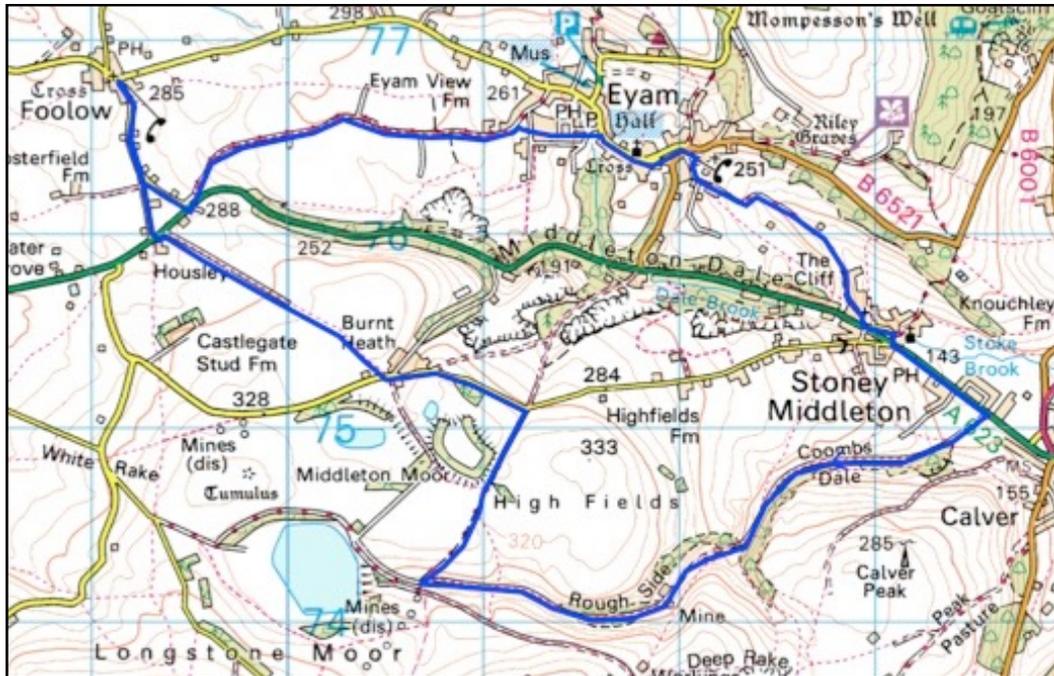


8. **Foolow - Eyam - Stoney Middleton - Coombs Dale - Cavendish Mill - Foolow**  
 8.5 miles    Mainly on Tracks



From the door of the Bulls Head, cross the road and walk straight ahead towards the main road. Where the road divides take the left fork. Just as you reach the main road a track runs off to the left, "Tideswell Lane," follow this towards Eyam.

Just after the 2nd house as you are entering Eyam, the track is bisected by a footpath. Turn right through a small field, cross a small road and follow the path down through an estate into Eyam. This brings you to a road junction with the main road through Eyam opposite the entrance to Eyam Hall. Here you will turn right past the stocks, the church and to the "square."

Cross The Square and turn right into Lydgate. Follow this uphill past the Lydgate Graves. Where the path begins to level, the road bears left. Ignore this and follow the footpath straight ahead down the side of the houses. After 2 fields the path becomes "walled in." Trees crest the next large field. Just before these is The Boundary Stone, a gritstone block with holes worn into it. During the time of the plague, when Eyam

was in self imposed quarantine, coins were left in these holes, which were filled with vinegar in exchange for food bought up from Stoney Middleton.

Following the path down hill brings you to a tarmac road. Turn right onto this and left at the T junction. This brings you to the main road opposite The Moon Inn.

Turn left along the main road. After about 400yds, there are some allotments on the right followed by a sports ground with playground. Take the track on the right immediately after the sports ground, this is Coombs Dale. The Track is the old road to Sallet Hole Mine, which can be observed on the left after about 1.5 miles. Following the track brings you to a gated junction, Black Harry Gate where the dale opens out. Here we take a footpath on the right, which ascends out of the dale (often muddy) to a road, which is reached in about three quarters of a mile.

Turn left along the road, which brings us to the fluorspar crushing plant of Cavendish Mill. A blot and an eyesore! Proceed past the mill. Immediately after the mill's offices, but before some bungalows on the right is a footpath off to the right.

Cross the stone wall and follow the path which leads into a large field with no obvious path. During the spring this is a popular habitat for ground nesting birds; watch out for them as you walk through. Walk diagonally left towards a wall, which is followed to the far corner of the field where a stile leads to a track. Follow the track to it's junction with the main road. At the main road, turn left and immediately right onto a smaller road, which is followed back to Foolow in about 10 minutes.